

CONNECTION



The Connection section is designed to help you get to know each other better. Use what feels helpful.

Approaches to get to know someone.

Common Connection Approach

Start with what you have in common (e.g. context.)

1. How did you hear about Baton Exchange?
2. Why did you sign up for the Baton Exchange mentoring program?
3. What do you look forward to in this mentoring relationship?
4. What are your expectations of me in this mentoring relationship?
5. Have you had formal or informal mentors? How did those relationships come about? Were they life-giving or life-draining experiences? Would you describe one or two of them? How did you grow from them? Is there anything that you would change about how you related to them?
6. What do you wish you would have known about mentoring in your 20s that you know now?
7. What fears do you have about mentoring and/or being mentored?

JOURNEY Approach

The basic idea is to ask them how they've gotten to this point- what's been their journey. You can specify what journey.

"I'm curious about your story. What's been your career journey?"

"What's been your spiritual journey?"

"What's been your _____ journey?"

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FORM Approach

The acronym FORM is a useful tool for having a conversation with someone that you don't know. This follows questions that are fairly surface-level, and gradually goes to more meaningful types of questions. FORM stands for Family and Friends, Occupation, Recreation, and Meaning or Motivation. Feel free to use these questions to get to know each other.

Family and Friends

Where did you grow up?

How many kids were in your family and where were you in the birth order?

Are you married? Have kids? Grandkids?

How did you and your spouse meet?

Where do you go to church? How long have you gone there? What's it like?

Occupation

Can you share about your career journey?

Did you go to college anywhere? If so, where?

How has your faith influenced your work?

What do you feel are your biggest strengths in relation to your work?

Recreation

What do you like to do for fun?

What do you like about those things?

If you could go anywhere in the world, where would you go? Where have you been?

Meaning or Motivation

What's been your spiritual journey?

What brings meaning for you?

What motivates you in life? Why?

What do you want out of life?

Personality Approach

Have you taken Strengths Finder 2.0, Myers-Briggs, Enneagram, or other personality assessments? If so, do you remember your results? What were they?