

# PERSONAL GROWTH PLAN



**[Note: If you filled out a personal growth plan during Launch Prep, you could choose to share that with your mentor rather than redo it here.]**

## **Why a Personal Growth Plan?**

Setting goals, action steps to accomplishing those goals, and having a community of accountability are essential for growth. The old saying, “what gets measured, gets done” is so true. A Personal Growth Plan helps you set time-bound, measurable growth goals. Your mentor can review those goals with you, help provide perspective on feasibility, and perhaps make recommendations on action steps, connections, or resources that could help you move closer to your goals.

Complete the following sections.

### **1. SPIRITUAL GOALS**

Listen: Ask God, “What would you say are my top growth areas?” Jot down what comes to mind. Then prayerfully prioritize.

My top spiritual goals for the next 12 months are...

- 1.
- 2.
- 3.

Why I chose these goals:

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**Ask Your Mentor**

Do you have any thoughts on how to go about achieving those goals?  
How have you gone about trying to grow spiritually in specific areas?

**2. PROFESSIONAL/CAREER GOALS**

Listen: Ask God, "What would you say are my top growth areas?" Jot down what comes to mind. Then prayerfully prioritize.

My top career goals for the next 12 months are...

- 1.
- 2.
- 3.

Why I chose these goals:

**Ask Your Mentor**

Do you have any thoughts on how to go about achieving those goals?

**3. PERSONAL ASSESSMENT INVENTORY**

What are the results of personal inventories that you may have taken? Below are some of the most common. These could provide the mentor with insights for mentoring you.

Assessment	Results
Myers-Briggs	
Strengths Finder 2.0	
Spiritual Gifts	
DISC	
Career Assessments	
Predictive Index	
Enneagram	

**4. SELF-ASSESSMENT [Use SHAPED Assessment results to help prioritize which sections to read.]**

On a scale of 1-10, with 10 being highly knowledgeable and confident in the topic, rate yourself.

- \_\_ Career Choices: Understand a good career direction for me.
- \_\_ Calling: God’s primary calling on my life, secondary callings, and call to work.
- \_\_ Compass: The value of a personal mission statement and life board.
- \_\_ Character: Qualities employers find crucial for employee success and advancement opportunities.
- \_\_ Christ: Worldview @ Work. Meaning of “worldview” and a biblical worldview of work.
- \_\_ Core: Heart-Set for Success. Essential personal foundations and identity perspective for flourishing.
- \_\_ Core: Mind-Set for Success. The life of the mind and its connection to redemptive influence.

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- \_\_ Capacity: Leadership. Foundational leadership principles for the emerging leader.
- \_\_ Community: The Glowing Ember Factor. Types of community and the crucial connection.
- \_\_ Competency: Professional Skills. Soft skills every employee must have to succeed.
- \_\_ Competency: Technical Skills. Top 5 Skills you must master in the occupation of your choice.
- \_\_ Christ's Kingdom Perspective: What it is, its unfolding story, and how you fit in it.
- \_\_ Campus2Career: Strategies for successfully navigating life after college.
- \_\_ Change Agent Causes: Questions and criteria for discerning involvement in a cause.

### **PERSONAL GROWTH PLAN CUSTOMIZED STRATEGY**

Use the results from sections 1, 2, and 3 to prioritize and plan out meeting topics and agendas. Get feedback from your mentor as necessary.

### **BRAINSTORMING NOTES**